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## Happenings at Mautner: Quit Smoking and Get your Breast Health Education!

**August 5, 2009**

**Get the Breast EDUcation!**

### You Can Stop, We Can Help!



If you're looking to quit smoking, we are here for you! We welcome you to join our LGBTQ-NS

(Non-Smoking) program. Our next meeting is Wednesday, September 16. We offer free patches and lozenges for DC residents.

Non-smoking means...

~No stinky clothes, rooms, or car, and no more smelling like an ashtray.

~New Savings: At least \$2,200 a year!

~No secondhand smoke around your pets and loved ones!

Tips to quit:

~Pick a Quit Day, and stick to it!

~Get support: Call 1-800-QUIT-NOW, join an LGBT-friendly support program, or ask friends or family members to help by reminding you why you decided to quit.

~If you slip, don't worry! Use it as

### We need your help!

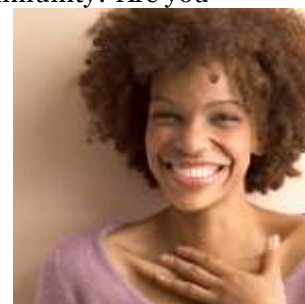
Do you want to make a difference in your community? Are you interested in learning more about breast health? What if you could have fun and meet people doing it? Sign up to become a peer educator and find out how to host a Breast Health House Party!

Our next training will be taking place in September, and we are recruiting NOW for new Griots (Peer Educators) to participate in our new community support and education program, EDUcate: Eliminating Disparities for the Underserved.



EDUcate is designed for African American lesbian and bisexual currently low-income women of all ages in the DC metro area, and is generously supported by Susan G. Komen for the Cure. For more information and to sign up for our next training, contact Rachelle at 202.332.5536 or

[rdixon@mautnerproject.org](mailto:rdixon@mautnerproject.org)



### Go Tammy!



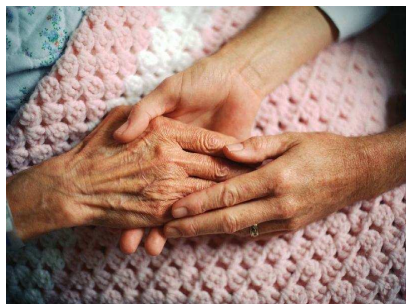
On July 30, a bill that would give the domestic partners of federal employees the same benefits as the spouses of federal employees passed in a key House sub-committee.

The Domestic Partners Benefits and Obligations Act, introduced by Reps. Tammy Baldwin (D-WI) and Ileana Ros-Lehtinen (R-FL), mandates that same-sex partners of federal employees would be eligible for

a learning experience, and try again.

For more information, please email [dmagrini@mautnerproject.org](mailto:dmagrini@mautnerproject.org) or call 202-332-5536.

## Mautner Project's Support Groups!



Mautner Project will be holding the following support groups:

Bereavement meets Wednesday evenings from 7:00-8:30 p.m.

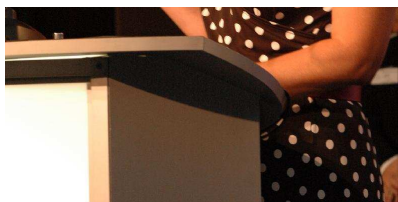
Cancer Survivors meet the 2nd and 4th Saturdays at 4:00 p.m. beginning July 25th

Caregivers meet Thursday evenings from 7:00- 8:30 p.m. beginning July 16th.

The groups are free, but registration is required. Folks who are interested should **call or email Elizabeth Ide at 202-332-5536 or [directservices@mautnerproject.org](mailto:directservices@mautnerproject.org)**

## Congratulations Kastles!

Mautner Project is proud to announce that on Sunday, July 26th, the Washington Kastles won the 2009 Advanta World TeamTennis Championship! In a thrilling championship match, the Kastles defeated the Springfield Lasers, who had the best record in the league. Aside from being great representatives of DC on the court,



employees, such as anti-nepotism rules and financial disclosure requirements.

Baldwin released a statement shortly after the 5-3 vote passage of the bill announcing she was "delighted" by the subcommittee's action and for Chairman Lynch's support of the issue. "Extending benefits to the domestic partners of federal employees is more than a matter of fairness," said Baldwin. "As a majority of Fortune 500 companies have already demonstrated, equality and diversity in the workplace boost productivity and help attract and keep the most qualified employees," Baldwin said.

The bill, if passed by Congress, would also formalize President Obama's memorandum calling for federal agencies to extend certain benefits to same-sex couples. At a White House ceremony in June, the President announced his support of the measure.

## Her Spirit Lives On

Mautner Project mourns the loss of Peggy Nelson, who lost her struggle with cancer on June 25th, 2009. Memorial services were attended by several Mautner Project staff and volunteers who assisted Peggy during her illness.

Peggy is survived by Margarita Covarrubias, her partner of twenty years.

Peggy was a woman of principle who always stood by her beliefs, and dedicated her career to caring for seriously ill children. She joined the Army after graduating high school in 1970, and studied nursing at the University of Maryland, College Park and the Walter Reed Institute of Nursing. She received the Surgeon General's Award for Excellence in Nursing upon graduating, and went on to serve as a pediatric nurse, earning the rank of Major before she left the service in 1986.

Peggy continued her nursing career as a civilian and met her partner, Margie, in 1985. The couple moved to Maryland in 1995 and together, they bought an old house in Takoma Park, which they would spend years renovating.

Peggy had a great sense of humor. She loved children and animals, and they loved her, too. Before her death, she was able to fulfill a life long dream of traveling to Ireland, with Margie at her side. She enjoyed reading books of all kinds, and could talk about anything with anyone.

We will miss her greatly.



the Kastles have also done much off the court. Throughout the season, the **Kastles have been very involved in the community and have been supportive of Mautner Project** in offering discount tickets to our constituents as well as complimentary tickets to tennis fans who would not otherwise be able to experience the game on a professional level. We are very proud of the team and look forward to next season! For more information about the Kastles, please visit: [www.washingtonkastles.com](http://www.washingtonkastles.com).



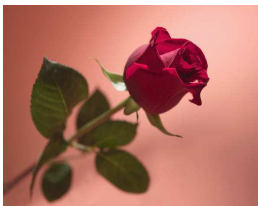
### Mautner's Official Florist, JLB Floral



We are pleased to announce JLB Floral Inc. as the official florist of Mautner Project. Order your flowers and centerpieces and 5% of your total purchase will be generously donated in support of Mautner Project's local and national health programs.

Call (703) 751-4031 and mention Mautner Project with your order. Let JLB Floral provide flowers for any occasion or celebration in 2009 - and you can contribute to Mautner's efforts in helping the lives of others.

## Buy Property and Raise Funds for Mautner Project



Mautner Project owns two burial plots in Cedar Hill Cemetery in Baltimore, MD, located in Cedar Hill's "Garden of Tranquility." The plots are valued by the cemetery at \$3,795 each. Proceeds from the sale will support Mautner Project's work.

We welcome any reasonable offer: **Please call or email Leslie Calman** at 202.332.5536 or [Lcalman@mautnerproject.org](mailto:Lcalman@mautnerproject.org) if you (or someone you know) might be interested in knowing more. You may learn more about Cedar Hill at <http://www.cedarhillcemeterymd.com>

## Social Events in the Community



On **August 12 at 7:00 pm**, Cyndi Lauper will perform at the 9:30 Club as part of her and Rosie O'Donnell's "Girls Night Out" tour! Get your tickets now! For more information and to buy tickets, please visit: [www.930.com/concerts](http://www.930.com/concerts) (9:30 Club is located at 815 V St NW, WDC)

### Can't make the concert but still want to join in on the fun?

**Wherethegirls go** presents the Girls Night Out after-party at TOWN Danceboutique, following the concert on August 12. **Thanks to our partnership with Wherethegirls go, \$1 per party ticket will go to Mautner Project!** Enjoy the music of DJ Natty Boom and the company of tons of women! Those of you with tickets to the Cyndi Lauper concert will have free admission to the party. **Doors open at 9 pm. \$5 cover or free with Girls Night Out ticket.** Other highlights: \$2 Rum drinks, concert ticket giveaways, and t-shirt give aways from American Apparel.

**You won't want to miss it!**

## Research In the Community

**Lesbian Breast Cancer Survivor Study!** A PhD student at **Oregon State University** is conducting a study examining factors that uniquely influence the process of breast cancer survivorship for lesbian breast cancer survivors. The hope for the result of the study is that it will allow for better tailored support programs and resources to the unique experiences of lesbian breast cancer survivors and thereby enhance survivorship outcomes. The one-time online, anonymous survey can be completed at:

<http://bcsurvivorship.surveyconsole.com/>

**The survey takes 20-30 minutes to complete and requires NO additional participation.**

**Research Study to Examine Differences in Breast Cancer Treatment Between African American and Caucasian Women!** African American women are more likely to die of breast cancer than Caucasian women, even though fewer African American women are getting breast cancer each year

**and screening use has improved. This difference has actually gotten worse over the past 20 years. The best way to close this gap is to fill it with knowledge! A research study, conducted by a professor at Georgetown University, has been designed to better understand the differences in breast cancer treatment experiences between African American women and Caucasian women. The study is seeking 400 African American women to participate.**

**What's involved? 30-40 minute telephone survey about your health related experiences and to allow your medical records to be reviewed by the doctor conducting this study.**

**Who can participate? You can join the Gap Study if you match ALL of these main categories:**

- You consider yourself to be Black/African American
- You are newly diagnosed with breast cancer (within 20 weeks of your diagnosis)
- Your breast cancer is stage I, II, or III
- This is the first time you have been diagnosed with breast cancer (this is not a recurrence)
- You live in the United States

**The researcher may ask you additional questions to determine if this study is the right fit for you.**

**If you are interested in participating in this study, please email [info@armyofwomen.org](mailto:info@armyofwomen.org)**

**Mautner Project: The National Lesbian Health Organization**  
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The Mautner Project improves the health of lesbians, bisexual, and transgender women who partner with women, and their families, through advocacy, education, research, and direct service. We envision a healthcare system that is guided by social justice and responsive to the needs of all people.

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