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June E-Newsletter

June 26, 2008

Take a Chance - And Win Big

Buy your Raffle for a Reason ticket now, and you could win \$10,000 in cash, a fabulous getaway, or some flawlessly beautiful bling! To learn more, [click here](#).

We need volunteers to join our fabulous special events director, Tedd, at Lambda Rising on some Saturday and Sunday afternoons to hand out materials about Mautner and our events. We'll also be selling Raffle for a Reason tickets. If you're interested, please email info@mautnerproject.org.

In the Community

Save the Date! The 6th Annual **LGBTQ Anti-Tobacco Summit** will take place on September 22 and 23, 2008, in Kansas City, MO. The summit will offer opportunities to get oriented about LGBT tobacco control; learn LGBT tobacco best practices from across the country as well as best research strategies; find

Mautner & HRC Present: Yoga for Stress Reduction!

Wednesdays, July 9, 16, & 23

7:00 PM - 8:30 PM

FREE

Human Rights Campaign Building

1640 Rhode Island Ave.

Washington, DC 20036



Feeling over-worked, over-tired, and overwhelmed? Find the relaxing benefits of yoga at this free presentation for the LGBT community! All body types, abilities, and experience levels welcome. Our featured presenter, Sasha-Vanessa Brenes, is an experienced yoga teacher who aims to share her uplifting and happy spirit with all of those who practice yoga with her. RSVP is required - please contact D Magrini at 202.332.5536 or dmagrini@mautnerproject.org. For more information, [click here](#).

Heat Things Up With Summer Fever!



Sunday, July 20

Game Time: 4:00

Verizon Center

600 F St. NW

Washington, DC 20004

Watch the Mystics heat up the Verizon Center at **Summer Fever** - a benefit evening at the game to support the Mautner Project. Get your tickets to the game by [clicking](#)

[here](#).

Then chill out at the **Heatwave After Party**. Eat, drink, and dance, and enter to win prizes at the Verizon Center's Dewar's 12 Clubhouse! RSVP to info@mautnerproject.org. A \$10 cover charge will support the Mautner Project's work to improve the health of our community, lesbian, bisexual, and transgender women and their families.

Bereavement Support

out what every state, county, and city should be doing now; share your lessons learned; and network with state officials and leaders in the field of LGBT tobacco. For more information or to help with planning, email lgbttobacco@gmail.com, or visit our website at <http://lgbttobacco.googlepages.com/2008>.

Mautner Project: The National Lesbian Health Organization

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The Mautner Project will be offering a bereavement support group beginning July 9. The meetings will be held every Wednesday from 7-8:30 PM at the Mautner Project office. It is open to any lesbian/woman who partners with women who has lost a partner, friend, or family member from any cause. Topics include myths and realities of mourning, the physical effects of grief, coping skills, and personal transformation. Please call or email Lorraine Biros to sign up: 202.332.5536 or lbiros@mautnerproject.org. The group is limited to eight women.

The Mautner Project improves the health of lesbians, bisexual, and transgender women who partner with women, and their families, through advocacy, education, research, and direct service. We envision a healthcare system that is guided by social justice and responsive to the needs of all people.

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