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## May E-Newsletter

**May 1, 2008**  
**Volunteer!**



New? Come to **Orientation** on Wednesday, **May 14, 7-9 PM** for basic training. There's also a lot of upcoming opportunities to **table with us at Pride events**. For more information or to sign up, give us a call at 202.332.5536 or email [ssanford@mautnerproject.org](mailto:ssanford@mautnerproject.org).

We'll also need help **moving our office on May 31 and June 1!** Contact Crystal at 202.332.5536 or [cfoley@mautnerproject.org](mailto:cfoley@mautnerproject.org) to sign up! The pizza's on us...

### In The News

Recent studies, including one done by Harvard University, have confirmed the link between **alcohol consumption and an increased risk for breast cancer**. The more

**National Women's Health Week**  
**is May 11-17!**



Celebrate National Women's Health Week May 11-17 by celebrating yourself! Taking care of yourself is so important to allowing you to do all the things you love - whether that's dancing the night away with your best girl, caring for your children, working hard, or spending time with loved ones. Plus, you'll feel better! During this week, take the time to do something for yourself. Here are some ideas:

- Make an appointment for your annual mammogram.
- Take a walk!
- Be a designated driver.
- Join an LGBT-friendly sports team with a friend.
- Consider signing up for the WOMAN Challenge, a physical activity challenge for better health - and get moving on a virtual trek across the country! Learn more [here](#).

**Tell us what you've done to celebrate your health, and we'll feature it in an upcoming newsletter!** Just email Sara Jaye at [ssanford@mautnerproject.org](mailto:ssanford@mautnerproject.org)!

**Join Us May 9 at Freddie's!**

you drink, the more your risk increases. For example, drinking two or more drinks a day can increase risk 30%-40%. Read more in the Washington Post [here](#). Because lesbian and bisexual women have higher rates of alcohol consumption than the general population, this is news is especially important for us! Remember to do your monthly breast self-exam and your annual mammogram.

A new rule in **North Carolina allows same-sex partners visitation rights** in hospitals across the state. While the new rule does not include medical decision making, it is a big step in the right direction. Learn more [here](#).

## In the Community

The Gender Public Advocacy Coalition is pleased to announce the release of its **2008 Gender Equality National Index for Universities and Schools (GENIUS) Survey**. The GENIUS index tracks and evaluates colleges, universities, and K-12 schools' progress to ensure their campuses are GenderSAFE™ - safe, supportive, and equitable for *all* students. Fill out the survey at [www.gpac.org/GENIUS2008survey](http://www.gpac.org/GENIUS2008survey) and help support campuses working to build safe and welcoming environments for every student.

**Mautner Project: The National Lesbian Health Organization**



**May 9, 5-9 PM at Freddie's**  
555 South 23rd St., Crystal City, VA 22202

### Don't miss out!

Discounted drinks and appetizers when you donate to Mautner! We'll be raffling off Freddie's gift baskets, Nationals and Mystics tickets, and even a week's stay in a house on Cape Cod!

**Featuring a guest appearance by a Mystics player** - and the chance to win Mystics tickets in a raffle! Plus, everyone who purchases a Mystics season ticket at the event will receive a free Mystics fleece blanket!

PEN, Metro DC's LGBT Chamber of Commerce, will also be joining us! Learn more about local LGBT businesses.

## We're Moving!

**We're moving! As of June 1<sup>st</sup>, the Mautner Project will be located at:**

**1875 Connecticut Ave, NW  
Suite 710  
Washington, DC 20009**

**The new office is just north of Dupont Circle, and convenient to the Red Line at that stop. Our phone number, website, and email addresses will remain the same. We look forward to seeing you!**

The Mautner Project improves the health of lesbians, bisexual, and transgender women who partner with women, and their families,

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through advocacy, education, research, and direct service. We envision a  
healthcare system that is guided by  
social justice and responsive to the needs of all people.

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