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March E-Newsletter

March 7, 2008
At Mautner

Join us for **Movie Night!** We'll be watching **The L Word episode "Losing the Light,"** in which the cast deals with breast cancer. We'll provide a safe place to share your thoughts and experiences (and snacks!).

Friday, March 14
7:00 PM * It's FREE
RSVP to: 202.332.5536 or dmagrini@mautnerproject.org.

Celebrate the wonderful **Men of Mautner** with us on Wednesday, March 19! Everyone's invited. To learn more, visit our [website](#).

Is it **YOUR Time To Quit?** Sign up today for Mautner's quit-smoking support group, or learn more about it, by calling 202.332.5536 or emailing ssanford@mautnerproject.org!

In the Community

Film Screening: **The Touch**, a short film based on the romance between poet Renee Vivien and Kerime, the wife of a Turkish

Secondhand Smoke: What You Don't Know Can Hurt You - And Your Friends



If you smoke, it may be tempting to think that at least you are only hurting yourself. But in fact, that's not the case at all. Not only do you deserve better than the health problems that come with smoking - but those around you, including your children, loved ones, family, friends, and even pets do too!

Did You Know?

- Secondhand smoke contains toxic and carcinogenic chemicals, including formaldehyde, cyanide, benzene, and arsenic.
- Secondhand smoke causes nearly 50,000 deaths each year through heart disease and lung cancer.
- In children and young people, secondhand smoke can contribute to problems from respiratory infections to sudden infant death syndrome. It also affects your pets.
- There is no safe amount of exposure to secondhand smoke!

If you smoke and are trying to quit, get support. The Mautner Project holds regular smoking cessation support groups, with the next one starting on Tuesday, April 1st. For more information or to sign up, [click here](#), email ssanford@mautnerproject.org, or call us at 202.32.5536. If you are outside of the DC area, we can help you find resources in your community.

Larry C. Harrod Community Service Award Presented to Mautner

The Mautner Project is honored to be the recipient of the Larry C. Harrod Community Service Award for "demonstrated commitment and steadfast dedication to the African-American LGBT Community," presented by Private Stock Entertainment at Winter Explosion 2008. From right to left: Don Johnson of Private Stock Entertainment, with D Magrini and Leslie Calman of the Mautner Project. To learn more about Winter Explosion, visit them online at



diplomat, will be screening as part of the DC Independent Film Festival on **Monday, March 10, at 8 PM**. To learn more, [click here](#).

www.winterexplosion.com.

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The Mautner Project improves the health of lesbians, bisexual, and transgender women who partner with women, and their families, through advocacy, education, research, and direct service. We envision a healthcare system that is guided by social justice and responsive to the needs of all people.

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