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October 9, 2007

Issue 4



Congresswoman Tammy Baldwin accepting the Healing Works Award from Dr. Linda Spooner, Chair of Mautner's Board of Directors

Thank You!

We'd like to offer a very special thanks to everyone who was able to join us at the Mautner Project Gala. It was a fabulous success and we are grateful to all of you who were able to attend and support us.

Let Us Know...

We'd also love to hear your thoughts on the evening! Your feedback is very important to us - please click [here](#) for a survey that will take less than five minutes!

If you were not able to attend the Gala but would like to support the Mautner Project, please click [here](#).

Where We've Been

We know fall is a busy season for everyone - we've been pretty booked ourselves! Take a look at just a few of the places we've been getting the word out about lesbian health:

- We did outreach at American University and George Mason University **Breastivals**.

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S.H.E. Wants You!

Spirit Health Education Circle, Mautner's groundbreaking health and wellness community for African-American lesbian and bisexual women, is starting a new circle in the D.C. area! If you'd like to explore your wellbeing with other women, check us out [online](#) and email rdixon@mautnerproject.org!

- Our Removing the Barriers cultural competency training program for health care providers been is being presented at [Sunshine Social Services](#) in Fort Lauderdale, FL, where we've also trained future trainers.
- S.H.E. Circle has been at [Sistah Space at Unity Fellowship's Annual Convocation](#).
- Upcoming, we're going to be at the [National LGBTI Tobacco Summit](#) and [Out & Healthy](#) - see below!



Healing Touch Workshop for Breast Cancer Survivors and their Caregivers

with Michaela Donahue,
Certified Healing Touch
Practitioner

Thursday, October 11, from 7:00 - 8:30 PM, the Mautner Project, in partnership with Suburban Hospital, will host an interactive wellness session led by Certified *Healing Touch* Practitioner Michaela Donahue. She will help breast cancer survivors and their loved ones harness the power of *Healing Touch*, which is a relaxing and nurturing energy therapy. *Healing Touch* assists in creating a calm environment during or after treatment by working with energy fields that support our natural ability to heal. Take this opportunity to learn and receive.

Refreshments served.

Bring a friend or come on your own! Wear comfortable, loose clothing.

Cost: Free! But you must RSVP to attend. Call 202.332.5536 or email cfoley@mautnerproject.org.

ENDA Action Alert!

We still **need your support** to keep the federal Employment Non-Discrimination Act **trans-inclusive!** Here's what you can do:

- [Email and Call your Representative](#)
- [Find out more from The National Gay and Lesbian Task Force and United ENDA](#)

Over 270 organizations across the country are mobilizing their members to take action for a fully inclusive ENDA. Together, we are making our voice heard. Contacting your representative is easy, and we need them to hear not only that we support the original ENDA, but that we oppose any amendments or bills that strip protections for transgender people. If you've already emailed your Representative, give them a call. If you've already called them, encourage a few friends to do the same. **Together, we will win.**

You're Invited!

The Mautner Project is proud to be a collaborating partner with the National Gay & Lesbian Chamber of Commerce (NGLCC) and the Human Rights Campaign (HRC) for the first-annual ***Out & Healthy National LGBT Health Conference and Expo***. You are invited to

participate in this historic event that will take a broad look at the future of healthcare delivery and opportunity in the LGBT segment. The ***Out & Healthy Conference and Expo*** will offer data, case studies and dialog on the future of health care delivery to, and business opportunities in, the lesbian, gay, bisexual and transgender (LGBT) market.

Out & Healthy will be held on Friday, November 2nd and Saturday, November 3rd at the International Trade Center in Washington, D.C. As a collaborating partner, Mautner Project supporters receive a 10% discount on registration. Register now to be a part of this exciting conference and expo, presented by the NGLCC, HRC, Aetna, and your Mautner Project!



To register or for more information please visit [Out & Healthy](#).

Calling All Daytime Driving Volunteers!

Fall is a great time to make new friends. You can discover a lot about a person driving a Mautner client to a medical appointment. The scenic view of the George Washington Parkway can lead to conversations about an early childhood memory or the latest Mystics' game. If you have a weekday or part of a day and would like to volunteer with us, please call 202-332-5536 or e-mail cfoley@mautnerproject.org or lbiros@mautnerproject.org.

The Mautner Project improves the health of lesbians, bisexual, and transgender women who partner with women, and their families, through advocacy, education, research, and direct service. We envision a healthcare system that is guided by social justice and responsive to the needs of all people.

**Health Education Team
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