

Mautner Project Annual Report 2010



Mautner Project

The National Lesbian Health Organization

Message from the Chair of the Board of Directors and the Executive Director

2010 marked Mautner Project's 20th anniversary. We are grateful to be part of a caring community that sustains us so that we can, in turn, serve.

Many volunteers and clients come to Mautner Project first because of the outstanding assistance we offer lesbian and bisexual women with cancer and serious illnesses. We connect the 20-25 women who use our direct services each month with the information, emotional support, patient advocacy, financial resources, and day-to-day help necessary to cope with the challenges of cancer diagnosis, treatment, and survivorship. Many clients come to us feeling overwhelmed, physically exhausted, financially stressed, and alone. Participating in our program helps women to recognize their strengths, utilize their existing resources, and develop a sense of renewed competence.

There are technical aspects to the services we offer: in 2010 we were honored to be one of a small number of community-based organizations included in a city-wide cancer navigation network of hospitals organized by the George Washington Hospital Cancer Institute that helps patients get the best possible and most timely medical care. We assist women to get low-cost or no-cost screenings. We answer hundreds of phone calls each year from women seeking information about cancer and other health concerns, and referrals to health care providers.

But the sense of feeling cared for as an individual who is heard and supported also has a tremendous impact on the healing process. When former clients discuss their experiences of participating in our program, they tend to make statements such as, "Amy was so wonderful," or, "Zach was there for me through some very difficult times," which tell us that their relationships with staff members and volunteers were as needed and appreciated as the services that were provided.

In addition to helping individuals, Mautner Project works for broader, systemic change. We are engaged in a three-year program to change community members' behaviors with respect to overweight and obesity; we expect published research to come out of this project, along with concrete help to individuals. To attack smoking we deliver public education and messaging to counter advertising from tobacco companies targeting LGBT people and provide intensive services for those who seek to quit.

We visit dozens of events and classrooms annually to teach about safer sex, getting the proper screenings, and good nutrition. In 2010, we sponsored Spirit Health Education (SHE) Circles for African American lesbian and bisexual women who are learning about how to be healthy, and ran a number of "house parties," and participated in

“Breastivals” and “Chestapaloozas” where women could get peer support while they learned about the basics of breast health and had fun, too!

And, our Removing the Barriers training for doctors, nurses and social workers has now been delivered to over 6500 practitioners nationwide! In 2011, we will start to deliver our new “RTB – Silver Edition” to those who work with the elderly; and we will start to train pharmacy students and pharmacists.

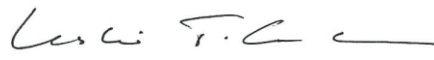
We were pleased in 2010 to receive two significant honors: Mautner Project was featured in the Catalogue for Philanthropy -- Greater Washington as one of the best community-based nonprofits in the Washington region, selected for excellence, cost-effectiveness, and impact. And Mautner Project was the proud recipient of a 2010 Leadership Award from the Washington Area Women's Foundation.

For 2011, we have taken “Dare to Be” as the title of our gala and as our inspiration. As we have for twenty years, we will continue to dare to be knowledgeable, compassionate, hopeful, helpful, loving and joyous.

Thank you for helping to make it possible.



Linda Spooner, JD, MD
Chair, Board of Directors



Leslie J. Calman, PhD
Executive Director

20th Anniversary Overview

Founded in 1990 by Susan Hester, Mautner Project (MP) was inspired by her partner Mary-Helen Mautner, a lesbian mother who died of breast cancer at age 44. Just weeks before her death, Mary-Helen spoke about the need for an organization that could help other lesbians face the challenges of cancer. She realized that as a white, middle-class, employed, “out” lesbian with health insurance, accepting doctors, a loving family and a network of friends, she was much more fortunate than many of her lesbian sisters with serious health problems.

Mautner Project has operated in the spirit of Mary-Helen’s vision. In 2009, the board of Mautner Project revised our mission and vision statements to make them correspond to our inclusive contemporary practices. They now read:

Mission: Mautner Project is committed to improving the health of women who partner with women including lesbian, bisexual and transgender individuals, through direct and support services, education and advocacy.

Vision: Mautner Project envisions a health care system that is respectful of and accessible to all without regard for their sexual orientation, gender identity, or gender expression. Our vision is a society in which all individuals are empowered with the knowledge to utilize these resources and to make appropriate choices for themselves.

Mautner Project pursues our vision by:

- Delivering services and support to lesbian and bisexual and women and transgender persons (LBT) with cancer and other serious illnesses, their families and caregivers; these services include professional “navigation” through the phases of screenings and, if necessary, treatment for cancer; transportation to medical appointments, household chores, shopping, visiting, etc.;
- Educating LBT about important health issues, including the need for preventive care, particularly regular breast and cervical cancer screenings, screenings relating to diabetes and heart disease, and the need for healthful habits, including smoking cessation, exercise and good nutrition;
- Providing “hands on” group programs for the LGBT community in metro DC to promote smoking cessation and weight loss;
- Conducting an accredited training, Removing the Barriers, for healthcare providers and outreach workers about the needs and concerns of their LBT clients in order to increase their cultural competency, reduce stigmatizing behaviors, and create quality services that are welcoming and therefore fully utilized by LBT;

- Promoting LBT health through participation in local and national research, advocacy and activism in coalition with LGBT and women's health coalitions.

The Mautner Project is a tax-exempt 501(c)(3) non-profit organization governed by an all-volunteer Board of Directors composed of community leaders, health care providers, cancer survivors and caregivers.

Current Programs and Recent Accomplishments

1. Client Services – Information, Support and Client Navigation

MP staff, interns and 50 local volunteers provide a wide range of regular direct services to LBT and their families. Over the past three years, we have delivered over 10,000 hours of service. In 2010, 107 patients and caregivers in 13 states and the District of Columbia received intensive services; in 2009, we provided services to 71 individuals; and in 2008, we provided services to 30 individuals. Most of these clients are low-income. We work with most clients over a period of many months; in any given month, we serve 15 to 25 clients. Our Client Services Director, Elizabeth Ide, M.A. supervises, trains and coordinates the volunteers who provide practical services and emotional support. These services include rides and accompaniment to doctor and chemotherapy appointments, yard work, light house cleaning, visiting hospitalized patients, telephone contact, preparing meals, grocery shopping and errands.

Mautner Project offers a variety of support groups for our target population. These regularly-scheduled groups all occur at our office in Washington, DC and are moderated by qualified professionals. In 2010, ten individuals attended our eight week Bereavement Support Group for lesbians/women who partner with women who have lost someone close to them from any cause, four individuals attended our Healing Circle for Lesbian Cancer Survivors Support Group, and twelve individuals attended a Smoking Cessation Support Group open to all LGBT and allies.

Also, in 2010, we continued our three nationally-accessible on-line support groups for LBT cancer patients, caregivers, and bereaved loved ones; these and are particularly valuable for individuals living in rural areas or other places where accessing local support is difficult. As of December 2010, Lesbian Survivors had 23 members, Lesbian Caregivers had 22 members, and Lesbian Bereavement had 15 members.

Client services staff and interns (often from local universities) provide information to hundreds callers requesting physician referrals, cancer-specific information, financial assistance information and other local resources. Students and reporters often contact MP while doing research on lesbian health. In 2010, MP responded to 341 requests for information from 38 states and the District of Columbia. We are regularly invited to speak to college classes and events, including frequent visits to American University and the University of Maryland.

In July 2010, Mautner Project partnered with George Washington University's Cancer Institute and many other local organizations to launch DC's new Cancer Patient Navigation Network (CPNN), which allows hospitals, clinics, and community partners to better track and overcome the barriers and needs of cancer patients in the District. CPNN offers support from screening through treatment and into survivorship, and attempts to address both physical barriers such as lack of transportation and psychosocial barriers such as language and anxiety. Mautner Project is assisting the rest of the Network to become more culturally competent regarding LGBT patients, and we are using the Network's resources to better serve our own clients.

2. Removing the Barriers (RTB)

This training for health care providers, taught by Mautner program staff, was funded by and developed in partnership with the Centers for Disease Control and Prevention, and was thoroughly tested and evaluated in 2001 prior to being scaled up. The curriculum is accredited for continuing education credits for physicians, nurses and social workers by The Center for Accredited Healthcare Education. RTB's purpose is to improve access to services for lesbian, bisexual and transgender patients by training medical professionals to understand the needs and concerns of these clients and reduce barriers to care. RTB instructors give providers the tools to increase their level of comfort discussing sexuality with their patients, develop a common language around sexuality, and create an environment where all their patients, whatever their sexual orientation, feel comfortable sharing vital personal information. Instructors help providers to understand the diversity of the LGBT population, clarify health challenges and needs, and create a plan for applying the skills learned.

Special emphasis is placed on reaching providers of breast and cervical screenings, but also general practitioners, nursing staff, social workers and other individuals with patient contact. Partnering organizations include hospitals, health departments, clinics, Breast and Cervical Cancer Early Detection Programs, and community-based organizations working with homeless and battered women and communities of color.

Since its creation, RTB has continued to evolve. In recent years, we have added a module addressing ways in which medical practices should address the unique needs of

transgendered persons. Mautner has also expanded RTB in the area of LGBT aging, as well as creating a stand alone tool for use in nursing homes and long term care facilities.

RTB has been taught in settings around the country, reaching as of today more than 6,500 medical professionals. In 2010, funding from Susan G. Komen for the Cure for Mautner Project's EDUcate Program (Eliminating Disparities for the Underserved) supported 8 RTB trainings and one Training of Trainers Institute in the Washington Metro area. At the invitation of the Los Angeles Office of Women's Health, Mautner Project provided a series of trainings in Los Angeles. We also presented a training of trainers in Houston, Texas, hosted by The Houston Lesbian Initiative.

3. Removing the Barriers: Silver Edition

With funding from CareFirst BlueCross BlueShield, Mautner Project drafted a new RTB designed for staff of nursing and assisted living facilities who care for the elderly. We have thus far run one "test" training and are revising the curriculum to reflect lessons learned from that test run. We expect to market this offering in 2011.

4. Healthier Living: Smoking Cessation

In 2010 Mautner Project partnered with Breathe DC/United Medical Center in the common effort to provide culturally sensitive education, and encourage advocacy and research in the reduction of tobacco use.

Mautner seeks to increase the adoption of healthy, smoke-free lifestyles, especially in communities most affected by the negative health affects of tobacco use. Research clearly demonstrates that LGBT individuals are significantly more likely than their heterosexual counterparts to smoke.

Mautner Project oversaw the nine member **SmokeLess DC** comprising local organizations serving the LGBT community, and provided culturally targeted outreach materials to Smokeless DC partners to be distributed during community events such as Black Gay Pride, Youth Pride and Capitol Pride Festival and related events.

Through Mautner Project delivery of SHE (Spirit Health Education) Circle and EDUcate (Eliminating Disparities for the Underserved) Programs, African American women received group education, support and links to local resources to assist in their smoking cessation efforts. 12 individuals attended a smoking cessation support group.

In 2010, Executive Director Leslie Calman received Breathe DC's Certificate of Recognition for Mautner Project's efforts to improve lung health for Washington DC residents.

5. Healthier Living: Obesity Reduction

In 2010, MP was awarded a 3-year grant totaling \$250,000 from the DC Department of Health for, "Tackling the Lesbian Obesity Epidemic: Weight Loss Messaging and Support in a Culturally Competent Environment." The program includes 1) research into

messaging that will reach a lesbian/bisexual women’s audience followed by a broad public advertising campaign to create a healthier community norm; 2) 4 intensive 18-week group interventions for lesbian/bisexual women DC residents who seek to increase exercise, improve eating habits and lose weight; and 3) the publication and distribution of results, replicable programs and recommendations for physicians and clinics in the District who work with lesbian/bisexual women. During this project, MP is working in partnership with an academic expert in lesbian obesity, a professor of nursing at Vanderbilt University, Dr. Sarah Fogel. The program has been approved by Institutional Review Boards at both the DC Department of Health and at Vanderbilt.

6. Outreach and Education for African American Lesbians

EDUcate (Eliminating Disparities for the Underserved): In 2009, Mautner Project received funding from Susan G. Komen for the Cure to develop and run a program aimed at improving breast health awareness, cancer screening and navigation services among African American lesbians. By the second year of the grant (2010), we had recruited and trained a total of eight peer educators (griots). Together with Mautner Project, these griots organized 12 separate events, including “house parties,” health seminars at local churches, and bar nights at local entertainment venues where breast health literature, screening information and other health messages were delivered. One event, at a local venue called “Busboys and Poets” drew over 50 attendees on the first night alone to an art project entitled “Telling Intimate True Stories.” (The exhibit remained up for several months, and a second exhibit is planned.) Under EDUcate auspices, 5 RTB trainings and one “training of trainers” were delivered in the DC metro area.

Spirit Health Education (SHE) Circle: In 2010-2011, with funding from the DC Cancer Consortium, Mautner Project is running three “SHE Circles.” The Spirit Health Education Circle is a program MP originally developed in partnership with the Centers for Disease Control. African American lesbian and bisexual women are recruited for a series of six to eight meetings covering topics including breast health, cervical cancer, nutrition, depression, smoking cessation and colorectal cancer. Through SHE Circles, supportive communities are created for learning and practicing wellness.

7. Capital Pride Events

Mautner Project was active in a series of LGBT pride events held in May and June 2010 in the DC metro area. These include Youth Pride day, Black Pride weekend, Transpride and Capital Pride weekend. At each event, we staffed booths that welcomed people with fun health quizzes and games; we distributed health information to thousands of individuals

8. Conferences and Speaking Engagements

In addition to the trainings and events described above, Mautner Project staff spoke or presented talks or workshops at a wide range of events around the country in 2010 including:

American Public Health Association Conference, Denver, Colorado

Georgetown University Medical Center, Washington, DC

The Public Leadership Educational Network, (PLEN), Washington, DC

AIDS Community Alliance, Harrisburg, PA

Young Women's Survival conference, Atlanta, GA

American University, DC

George Mason University, Virginia

Equality Maryland, Marylanders of Color Collective, Prince Georges County

Tea by the Sea, Rehoboth Beach, Delaware

DC Rape Crisis Center

Tyler House, a transitional housing organization in DC

"Men of Mautner" event in DC

Community College of Baltimore County

Youth Pride Allies reception, DC

LA Gay and Lesbian Center, Los Angeles

Interns

Mautner Project has successfully recruited highly qualified and motivated interns from colleges and universities, particularly from departments of public health. In addition to maximizing our resources through the use of these educated, highly motivated and unpaid interns (some of whom are receiving educational credits), we are gratified to be mentoring part of the next generation of LGBT health activists. In the past year, we have hosted students from American University, University of Maryland at College Park, University of California – Santa Cruz, University of Michigan School of Public Health, Michigan State University, Howard University and George Washington University.

Advocacy Activities and Partnerships

In 2010, Mautner Project's Executive Director participated in a number of meetings with Secretary of Health and Human Services Kathleen Sibelius and members of her staff regarding the inclusion of LGBT health needs in the regulations and implementation of the Affordable Care Act. Dr. Calman represents Mautner Project's concerns on a number of Board and advisory councils, including the Board of Directors of the National LGBT Health Coalition, the National Advisory Council for the Healthcare Equality Index sponsored by the Human Rights Campaign and the Gay and Lesbian Health Association; the National LGBT Policy Roundtable; and the American Cancer Society's National Capital LGBT Council. She is affiliated with the Center for Population Research in LGBT Health of the Fenway Institute as a participating scientist. During 2010, she served as a Commissioner on the District of Columbia's Commission on Persons with Disabilities.

GALA 2010 20/20 Perfect Vision

Mautner Project's 20th Anniversary Gala 20/20: Perfect Vision was a SUCCESS! At an evening of dancing and celebration at the beautiful Omni Shoreham Hotel in Washington, D.C., we toasted 20 years of support and community. This year, we honored Dr. Judy Bradford (Chair's Award), Laura Hart (Volunteer of the Year Award), Congregation Bet Mishpachah (Healing Works Award), and LOGO/MTV Networks' Lisa Sherman (with our first ever Image Award).

Mautner Project's Gala is known as one of the most anticipated events on the LGBT community calendar in addition to being Mautner Project's largest fundraising event. The Gala has been nominated several years in a row by the Washington Blade as one of the best places to meet women! It's always been a highlight for our community and this year's celebration was no exception.









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Keeping the Promise Visionaries (\$50,000-\$99,999)

DC Department of Health

DC Cancer Consortium

Keeping the Promise Champions (\$25,000-\$49,999)

American Lung Association of DC/Breathe DC – United Medical Center Foundation

CareFirst BlueCross BlueShield

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Margaret Laird	Jenna Lowenstein	Mary Ann McEvoy
Jane Landrum	Timur Loynab	Melissa McGoogan
Pamela Lanham	Gina Luke	Alexis McKenzie
Relda Larguet	Marilyn Lutz	Deborah B. McKinney
Pat Larrabee	Phyllis Lyon	Kate McQueen
Robert Laycock	Abbe Lyons	Margaret Mech
Diane Leach	Rebecca Lyons	Susan Mercado
Elizabeth Leader	Joyce Mackey	

Susan Messina	Sarah Novak	Joyce Pong
Sabrina Meyers	Frances O'Grady	Craig Powell
Andrea Meyerson	Santa Babaro Oldham	Nina Puglia
Robert Mialovich	Kerry Oristano	Cara Radosevich
Montserrat Miller	Sharon R. Orling	Steven Ranger
The Mind Farm LLC	Alexander Oropeza	Joanna Rankin
Judy Moats	Gail Padgett	L.S. Ransom
Janis Molnar	Joe M. Palacios	Lynnie Raybuck
Debra Montanino	Julie Parker	Hope Raymond
Margaret Moore	Lydia Parnes	Kimberly Rector
Barbara Morland	Michael Parsons	Carol Reich
Debra Morris	Mark Patkus	Bradley Reichard
Ruth Morse	Daniel Patton	Laura Reitman
Lynne Mosenson	Ruth Switzer Pearl	Lisabeth Reynolds
Kareem Murphy	Elizabeth Pepper	Beatrice Kay Richards
Sharon K. Murphy	Harvey Perle	Brian Richmond
Carol Nachman	Fran Petro	Grace Riddell
Christine Nassikas	Pastor Darren Phelps	Sue Ritter
National Youth Advocacy Coalition	Margaret Pickering	RLP Enterprises, Ltd.
Nationwide Home Mortgage	Arleen Pinkos	Virginia May Roberts
Lindsay Nelson	Susan Pizza	Kelly Robinson
Janet Neufeld	Frank & Linda Plaut	Linda Rodden
Gia Nichols	Jonathan Plottein & Barbara Brenner	Patsy Rogers
	Kathryn A. Plowitz-Worden	R. Virginia Rogers
		Fred Rosenberg

Renee Rosenfeld	Risa Shaw	Judy Stone
Ali Rozell	Joan Sherman	Bruce Stoner
Jillian Rubino	Adena Siegel	Lorre Stottlemeyer
Matthew Rudolphi	Kelly Simon	Joanna Stover
Dianne Russell & Christina Nichols	Gaynell M. Simpson	Robin Strong
Donna Ryan	Karen Simpson	Jessica Strother
Robert & Loretta Saks	Herb Sloan	Maren Stuart
Carl & Ellen Salsbury	Carol-Ann Smalley	Donna Sumption
Bettie Samuel	Amanda C. Smith	Richard Tappen
Rebecca Sander	Mary Snider	Barbara S. Tatum
Boden Sandstrom	Dan Snyder	David Taube
Linda Santi	Anne Van Soegt	Adam Tenner
Judith Saul	Sabrina Sojourner	Jeanne Topper
Scarlet's Foundation, INC	Kathy Solano	Geoffrey W. Tuba
Leslie Schafer	Ellen Solomon	Lisa Turner
Cynthia Schultz	Stuart Sotsky	United Way of the National Capital Area 2
Deborah L. Scott	Kathy Spitzer	Doris Vail
Patricia Scroggy	Gretchen Stark	Fredda Valenti
Katherine Sears	V. Starling	Joseph Vealencis
Judith Seiff	Tara Steinnerd	Joan Vilkinofsky
Valerie Seligson	Cathy Steirn	Marianne Walch
Debora Shannon	Charles Stellar	Deirdre Walker
Michael Shannon	Charles Stewart	Wendy Walker
Annie Shaw	Caroline Stites	Amy Walter
	Tracey Stith	

Sandra Ward	Kenneth White	Sarah Yedinsky
Adam Warshavsky	Sarah White	Abby Yochelson
Stephen Wash	Vanessa White	Robert York
Jane Wasserstrom	Eddie Whiteherst	Dawn Yoshida
Lyn Watner	Suzanne Whitson	Bernard & Minnie Zavos
United Way	Nancy Wigal	Deborah Zavos & Peter Spencer
Elva Weininger	Donna Wilson	Kyle Zimmer
Ellen Weiser	Leslie R. Wolfe	Carol Zmuda
Jessica Weissman	Kathy Wood	Jan Zobel
Liz Wheeler	LJ Wood	
Jane Whitaker	Carol L. Woodley	
Karen Whitby	Isabel Yang	

2010 Financials

Mautner Project State of Changes in Net Assets
For the year ended December 31,2010 [cash basis]

Support and Revenue:

Foundation Grants	395,983
Individual Contributions	193,581
Sponsorships	60,500
Organizations and Corporations	10,119
Service Fees	24,832
Sales and Products	181,577
Workplace Giving	15,830
Other	60,000
Total Support and Revenue:	<u>942,422</u>

Expenses:

Program Services	
Health Promotion	454,262
Client Services	109,479
Education Outreach	176,210
Advocacy	4,826
Total Program Services:	<u>744,777</u>
Supporting Services:	
General and Administrative	82,818
Fundraising	110,178
Total Supporting Services:	<u>192,996</u>
Total Expenses:	<u>937,773</u>
Surplus(Deficit) of Cash:	<u>4,649</u>

Complete Audited Financial Statements including Functional Expenses and Notes are available upon request.